



Spiritual Meditation Experience to Enhance an Immediate and Intimate Connection with the Holy Spirit

Led by Lyndall Demere, Ph.D., Msc.D.,
A Modern Christian Mystic

“It is my impression that prayers are cumulative, gathering a palatable field of grace around you over time that influences your inner thoughts, health, and quality of life experiences. An immediate and intimate connection with the Holy Spirit establishes personal strength and direction, fortifying you through difficult life experiences, and drawing towards you joyful moments. This connection deepens understanding of yourself in union with the Presence of God, influencing every other relationship that you have to be more than you could imagine. It is entering into and living in the Gifts of the Holy Spirit.”

Lyndall Demere is a Pastoral Counselor, Intuitive Spiritual Director, and Spiritual Healer.
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Join us for two public events with Lyndall Demere:

Evening Spiritual Meditation Session- Tuesday, February 5, 2019, 7:15-8:30 pm. Anyone is welcome to join us for a special session of Immanuel’s Tuesday night, spiritual meditation group. Lyn will lead a guided meditation and answer questions following the experience. No need to register- fee is \$15- collected at the door. This is an ideal opportunity if you are curious about this way of feeling connected to God.

Spiritual Meditation Workshop- Saturday, February 9, 2019, 10:00am-3:00pm, lunch provided. Lyn will lead two extended meditation sessions with ample time for discussion, sharing and questions. This seminar is for anyone who wishes to have a deeper experience of the presence of God. Must register in advance- your payment reserves your place.

Where: Immanuel Presbyterian Church, 1125 Savile Lane, McLean, VA 22101. Both events are in the Fellowship Hall at the rear of the sanctuary.

Cost: \$160. includes lunch with vegetarian options. Proceeds cover lunch and speaker’s fees.

To Register for Saturday Workshop: Send check for \$160.00 payable to Immanuel Presbyterian Church, address above. Please write “Demere Workshop” on the memo line of your check and include the tear-off section below.

To ask Questions or Schedule a Private Session with Lyn, contact Sue Johnston. sue.johnston@comcast.net

Please cut here and include this section with your check. **Registration required for Saturday only**

Name _____ Phone Numbers _____

Email _____ Number of Tickets _____

Address _____